

# Tilt Train menu

## Breakfast

<b>Breakfast frittata (gf)</b>	<b>\$7.00</b>
Potato frittata served with chipolatas, bacon and a bush relish	
<b>Cereal bowl pack with milk</b>	<b>\$4.00</b>
Corn Flakes, Honey Crunch, Light and Tasty, muesli (gf)	
<b>Pikelets with jam and cream</b>	<b>\$4.00</b>
<b>Pikelets</b>	<b>\$5.00</b>
with jam and cream, served with a tea or coffee	
<b>Yoghurt assorted flavours</b>	<b>\$2.50</b>
<b>Fresh fruit salad (gf)</b>	<b>\$3.50</b>

## Lunch & dinner

<b>Beef and red wine casserole (gf)</b>	<b>\$8.50</b>
served with mash potato and seasonal vegetables	
<b>Roast lamb and seasonal vegetables (gf)</b>	<b>\$8.50</b>
topped with minted gravy	
<b>Chicken pasta bake</b>	<b>\$8.50</b>
combination of bacon and sauteed mushrooms topped with cheese	
<b>Vegetarian lasagne (v)</b>	<b>\$8.50</b>
pasta sheets layered with a combination of grilled eggplant, capsicum, zucchini and tomato	

## Fresh sandwiches/gourmet wraps

<b>Ham and cheese</b>	<b>\$4.50</b>
<b>Chicken, lettuce and mayonnaise</b>	<b>\$5.50</b>
<b>Cheese and salad (v)</b>	<b>\$4.50</b>
<b>Corned beef and pickles</b>	<b>\$4.50</b>
<b>Curried egg and lettuce (v)</b>	<b>\$4.50</b>
<b>Ham and salad wrap</b>	<b>\$5.50</b>
<b>Tandoori chicken wrap</b>	<b>\$5.50</b>

## Salads

<b>Chicken caesar salad</b>	<b>\$8.00</b>
roast chicken, fresh cos lettuce, crispy bacon, croutons, freshly shaved parmesan, boiled egg and caesar dressing	
<b>Roast pumpkin and pine nut salad (v gf)</b>	<b>\$7.00</b>
crumbled fetta, mixed lettuce, roasted pumpkin and cucumber served with a house dressing	
<b>Classic Traveltrain garden salad with ham (gf)</b>	<b>\$8.00</b>
sliced ham, cheese, mixed lettuce, tomato, capsicum and carrot served with a house dressing	

## Munchies

<b>Meat pie</b>	<b>\$4.50</b>
<b>Sausage roll</b>	<b>\$3.50</b>
<b>Vegetarian roll (v)</b>	<b>\$4.00</b>
<b>Cheese and crackers</b>	<b>\$3.00</b>
<b>Fruit cake</b>	<b>\$1.00</b>
<b>Cup of chocolate chip cookies</b>	<b>\$4.00</b>
<b>Gourmet cookies (gf option available)</b>	<b>\$3.50</b>
<b>Lamington</b>	<b>\$3.00</b>
<b>Muffin</b>	<b>\$3.00</b>
<b>Muffin or gourmet cookie with tea or coffee</b>	<b>\$4.00</b>

## Sweet choices

<b>Chocolate bars</b>	<b>\$3.50</b>
Mars, Kit Kat, Cherry Ripe, Cadbury Dairy Milk	
<b>Assorted packets of lollies</b>	<b>\$5.00</b>
Snakes Alive, Party Mix, Minties	
<b>Potato chips</b>	<b>\$3.00</b>
Plain, BBQ or Twisties	
<b>Dessert</b>	<b>\$4.00</b>
selection available	
<b>Chupa Chups and assorted Lifesavers</b>	<b>from \$1.00</b>

## Beverages

<b>Coca-Cola 375ml</b>	<b>\$2.50</b>
<b>Coca-Cola Zero 375ml</b>	<b>\$2.50</b>
<b>Diet Coke 375ml</b>	<b>\$2.50</b>
<b>Lemonade 375ml</b>	<b>\$2.50</b>
<b>Lemon squash 375ml</b>	<b>\$2.50</b>
<b>Natural spring water 600ml</b>	<b>\$2.50</b>
<b>Soda water 250ml</b>	<b>\$2.50</b>
<b>Tonic water 250ml</b>	<b>\$2.50</b>
<b>Ginger ale 375ml</b>	<b>\$2.50</b>
<b>Orange juice 300ml</b>	<b>\$2.50</b>
<b>Apple and blackcurrant juice 300ml</b>	<b>\$2.50</b>
<b>Flavoured milk chocolate, iced coffee</b>	<b>\$3.50</b>
<b>Cup of plain milk</b>	<b>\$1.50</b>
<b>Hot beverages tea, coffee, Milo</b>	<b>\$2.00</b>
<b>Hot water</b>	<b>\$1.00</b>
Alcoholic beverages	
<b>Midstrength beer</b>	<b>\$5.50</b>
(XXXX Gold, Carlton) 375ml can	
<b>Shiraz 187ml bottle</b>	<b>\$6.00</b>
<b>Chardonnay 187ml bottle</b>	<b>\$6.00</b>

## Personal care items

<b>A selection of personal care items are available from the Galley Car</b>	<b>from \$2.00</b>
<b>Kid's activity pack</b>	<b>\$5.50</b>

**Our menu**—All menu items are available from the Galley Car and a range of products via our trolley service. Please note: Hot food is NOT available from our in-seat trolley service.

**Galley Car**—Regular announcements will be made throughout your journey to advise of opening times. The Galley is located in Car E.

**In seat service**—Our trolley service will be offered at regular intervals throughout your journey.

We apologise in advance if your preferred menu item is not available. (v) vegetarian (gf) gluten free

